



## Plate Loaded 2.0

# Exigo® T-Bar Row Chest Support

SKU: PL-3050

- ✓ Designed & manufactured in our UK factory
- ✓ Conforms with ISO/CEN equipment standards
- ✓ Commercial use structural lifetime warranty

The Exigo® Plate Loaded 2.0 T-Bar Row Chest Support is engineered for precise back training, combining efficient biomechanics with a strong construction for serious back development. Whether you're targeting the lats, rhomboids, or traps, this machine offers unmatched stability, customisation, and control to maximise every rep.

Our T-Bar Row features a spring-assisted adjustable platform with 7 height settings for targeting different areas of the back and to support various users. A supporting chest pad ensures a stable and secure lifting position throughout, while the free moving arm provides a completely natural feel and range of motion. This machine also features rotating handles that can be adjusted horizontally across 5 positions to allow narrow, mid, and wide grips.

Also equipped with dual band pegs for varied resistance, the Exigo® T-Bar Row Chest supports advanced training methods such as explosive lifts and progressive overload. Manufactured in the UK using a combination of 80mm and 70mm box section steel to endure the demands of busy commercial gyms.

### Colour Options



## Features

### Adjustable Handles

Adjustable handles with 4 positions for narrow, mid and wide grips.

### Rotating Handles

Rotatable handles allow overhand, neutral, and underhand positions for total grip customisation.

### Adjustable Platform

7-Position spring assisted adjustable platform with stainless steel housing and anti-slip footplates.

### Dynamic Resistance

Equipped with dual band pegs for varied resistance and advanced training methods.

### Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

### Frame Protection

Includes a 10mm ABS PA-757 Plastic strip that shields the main frame from impact.

### High Impact Feet

High impact ABS PA-757 Plastic feet with concealed floor fixing points.

### Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

### Made in Britain

Designed and manufactured in Great Britain for superior build quality.

## Specifications

### SKU

PL-3050

### Length

2031mm / 80"

### Width

1160mm / 45.7"

### Height

1326mm / 52.3"

### Weight

100kg / 220.47lbs

### Start Weight

22kg / 48.51lbs

### Max Load

160kg / 352.74lbs

### Storage

N/A

### Frame

80x80x3mm / 70x70x3mm

### Certifications

EN ISO 20957-1 / EN 957-2

### Warranty

Lifetime - Full Commercial

MADE IN BRITAIN

