



Plate Loaded 2.0

Exigo® Linear T-Bar Row

SKU: PL-3048

Made in the UK

Proven Biomechanics

ISO/EN Certified

Lifetime Warranty

The Exigo® Plate Loaded 2.0 Linear T-Bar Row delivers exceptional back isolation and combines British engineering with precision biomechanics for uncompromising quality. Made in the UK using heavy-duty materials and premium components, this machine guarantees structural integrity and long-term durability for the most demanding and high-performance training facilities.

The Linear T-Bar Row utilises premium 30mm linear bars to deliver an ultra-smooth and controlled movement path that maintains consistent resistance through the entire range of motion, maximising muscle activation while eliminating unwanted momentum and instability.

An adjustable chest pad with 4 positions provides secure upper-body support and precise alignment, while the spring-assisted adjustable platform features anti-slip footplates and 7 height settings to accommodate all users and optimise pulling angles. For complete versatility, the T-Bar Linear Row is equipped with 360° rotating handles that adjust horizontally across 5 positions, offering narrow, mid, and wide grip options to effectively target different areas of the back.

Built for serious performance and refined control, the Exigo® Linear T-Bar Row delivers precision and stability for powerful back development.

Standard Colour Options (More colours available on request)



Black
9005

Slate Grey
M2009E

Silver
MW109D

White
9016

Red
3002

Yellow
1021

Blue
5002

Green
6018

Features

Adjustable Chest Pad

An adjustable chest pad with 4 positions provides secure upper-body support and precise alignment.

Adjustable Handles

Knurled adjustable handles with 8 positions allow narrow, mid and wide grips for targeting different areas of the back.

360° Rotating Handles

360° rotating handles enable overhand, neutral, and underhand positions for total grip customisation.

Adjustable Platform

5-Position adjustable platform with an assisted roller system, anti-slip footplates and a stainless steel housing.

Precision Bearings

Precision 30mm linear shafts and bearings deliver an ultra-smooth, controlled movement that maintains consistent resistance.

Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

High Impact Feet

High impact ABS plastic feet with concealed floor fixing points protect gym floors and can be used for added stability.

Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

Made in Britain

Designed and manufactured in Great Britain for superior build quality.

Specifications

SKU

PL-3048

Length

2010mm / 79.2"

Width

990mm / 39"

Height

1463mm / 57.6"

Weight

133kg / 293.3lbs

Start Weight

25kg / 55.2lbs

Max Load

160kg / 352.74lbs

Storage

N/A

Frame

80x80x3mm / 70x70x3mm

Certifications

EN ISO 20957-1 / EN 957-2

Warranty

Lifetime - Full Commercial

MADE IN BRITAIN

