



Plate Loaded 2.0

Exigo® GLS Front Facing Lat Pulldown

SKU: PL-3046

Made in the UK
 Proven Biomechanics
 ISO/EN Certified
 Lifetime Warranty

The Exigo® GLS Front Facing Lat Pulldown combines real-world training experience with British engineering to create a pulldown designed around how resistance actually feels throughout the repetition. Made in Britain and built solid, it brings a refined approach to plate-loaded lat training with a resistance experience that can be tuned to suit the individual.

At the heart of the design is a dual loading-horn system, allowing the position of the weight plates to change the machine's leverage and reshape the resistance curve. By moving the plates between loading positions, users can alter how the resistance is distributed throughout the movement. Combined with fore-aft seat adjustment, which changes the starting force angle and initial resistance experience, users have two independent ways to fine-tune how the machine feels.

The linked lever system coordinates handle and loading-arm movement to deliver a smooth, robust training experience. A spacious stretch position, adjustable seat and thigh restraints provide a repeatable setup, while adjustable / rotatable handles allow users to tailor their preferred line of pull.

Designed around a simple principle, move the plates, change the curve; move the seat, change the starting angle. The Exigo® GLS Front Facing Lat Pulldown gives lifters greater control over their resistance experience.

Standard Colour Options (More colours available on request)



Features

Dual Loading

Two loading positions alter mechanical leverage, allowing users to customise the resistance curve through the repetition.

Custom Resistance

Combine loading position and seat distance to dial in a resistance curve suited to individual training preferences.

High Impact Feet

High impact ABS plastic feet with concealed floor fixing points protect gym floors and can be used for added stability.

Adjustable Seat

Fore-aft seat adjustment changes the starting force angle, allowing users to fine-tune the resistance experience.

Adjustable Restraints

Height-adjustable thigh restraints securely position the user, providing stability and control throughout heavy pulldown movements.

Exercise Placard

Complete with an easy to understand instructional placard with targeted muscles.

Adjustable Handles

Seven handle positions provide multiple pulling angles, while 360° rotation allows complete grip customisation for every user.

Long-Term Durability

Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

Made in Britain

Designed and manufactured in Great Britain for superior build quality.

Specifications

SKU

PL-3046

Start Weight

Length

2133mm / 84"

Max Load

640kg / 1410.96lbs

Width

1337mm / 52.7"

Frame

80x80x3mm / 70x70x3mm

Height

2421mm / 95.4"

Certifications

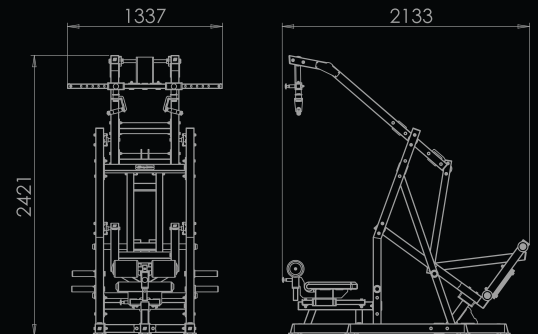
EN ISO 20957-1 / EN 957-2

Weight

264kg / 582lbs

Warranty

Lifetime - Full Commercial



MADE IN BRITAIN

