

Plate Loaded 2.0

Exigo® Viking Press

SKU: PL-3026

Made in the UK | Proven Biomechanics | ISO/EN Certified | Lifetime Warranty

The Exigo® Plate Loaded 2.0 ISO Viking Press is the ultimate overhead pressing machine for building strength in the shoulders, triceps, and upper chest, improving overall upper body power. Manufactured in our UK factory using a combination of heavy-duty 80mm and 70mm box section to withstand the most demanding training environments.

The Exigo® Viking Press features adjustable arms with 2 starting positions allowing users to alter the range of motion for comfort and performance. Independent arms allow each side of the body to work separately for balanced development, but the arms can also be locked together to perform traditional pressing movements with maximum stability. Ergonomic curved handles provide grip variation for maximum muscle engagement across different pressing angles. Dual band pegs are also available to support dynamic resistance and advanced training methods.

Standard Colour Options



Black 9005 | Slate Grey M2009E | Silver MW109D | White 9016 | Red 3002 | Yellow 1021 | Blue 5002 | Green 6018

Features

Adjustable Arms
Adjustable arms with 2 start positions allow users to alter the range of motion for comfort and performance.

Lockable Arms
Independent arms than can be locked together to train unilaterally or bilaterally.

Grip Variation
Equipped with Ergonomic curved handles for different grip positions and pressing angles.

Dynamic Resistance
Includes dual band pegs for dynamic resistance options.

Long-Term Durability
Key components are made from stainless steel for resistance to rust, wear, and heavy use, providing long-term durability.

High Impact Feet
High impact ABS plastic feet with concealed floor fixing points.

Optional Storage
Add up to 4 storage horns to provide convenient access to weight plates.

Exercise Placard
Complete with an easy to understand instructional placard with targeted muscles.

Made in Britain
Designed and manufactured in Great Britain for superior build quality.

Specifications

SKU
PL-3026

Length
1834mm / 72.2”

Width
1417mm / 55.8”

Height
1767mm / 69.6”

Weight
139kg / 307lbs

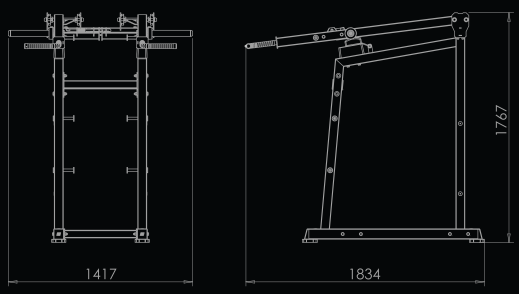
Start Weight

Max Load
280kg / 618lbs

Frame
80x80x3mm / 70x70x3mm

Certifications
EN ISO 20957-1 / EN 957-2

Warranty
Lifetime - Full Commercial



MADE IN BRITAIN

EXIGOSPORTS.COM